

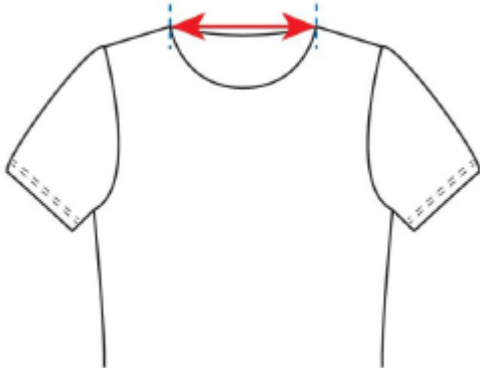
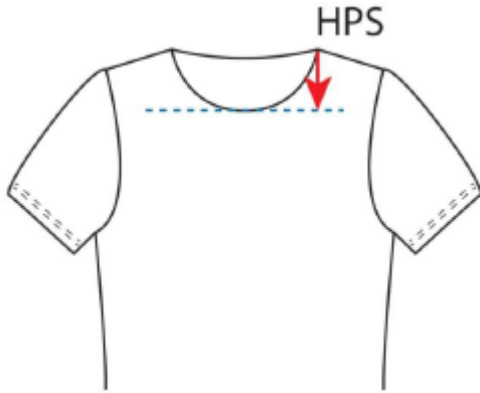
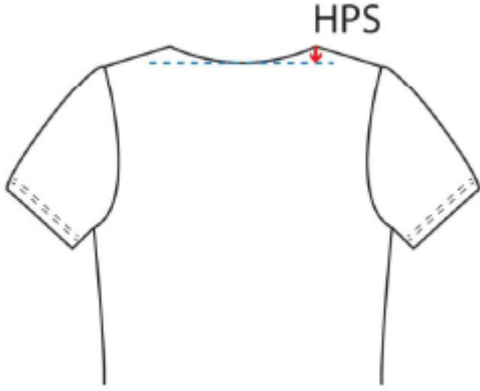
How To Measure Guide

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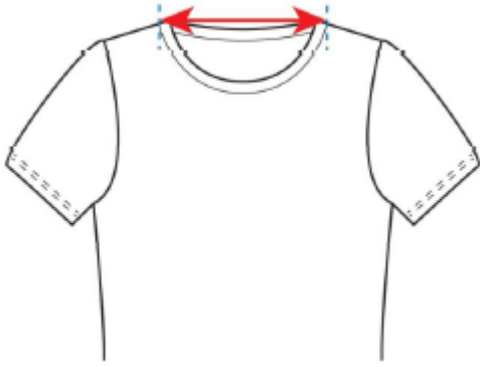
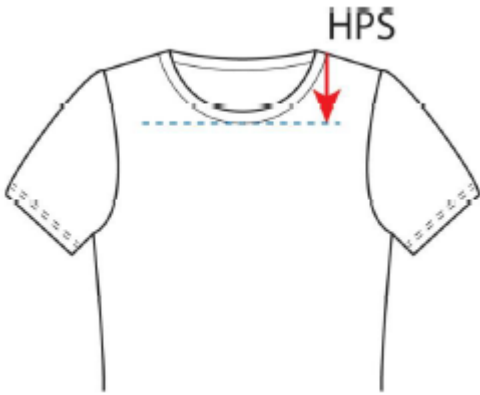

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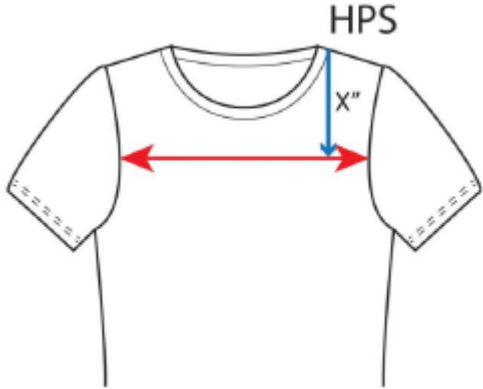
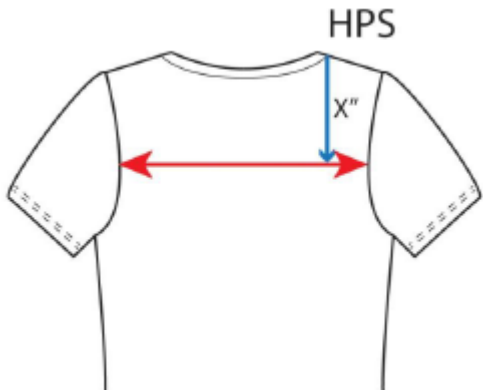
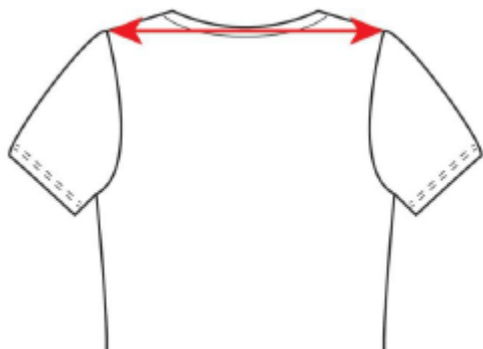
Measuring guidelines – Tops

	<p>Neck Width – edge to edge</p>
	<p>Front neck drop – edge to edge</p> <p>Taken from HPS line straight down to CF neck edge</p>
	<p>Back neck drop – edge to edge</p> <p>Taken from HPS line straight down to CB neck edge</p>

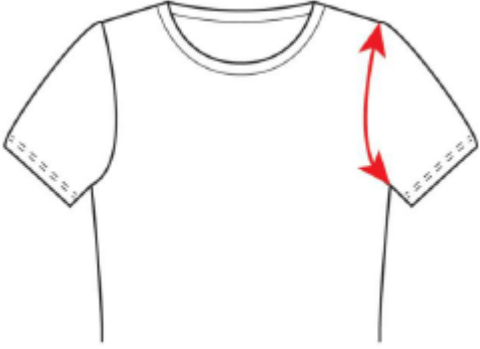
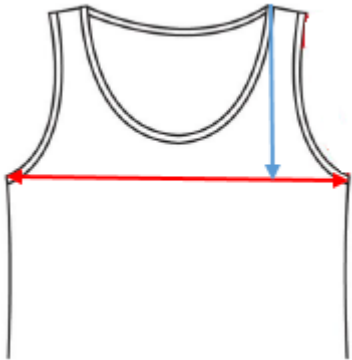
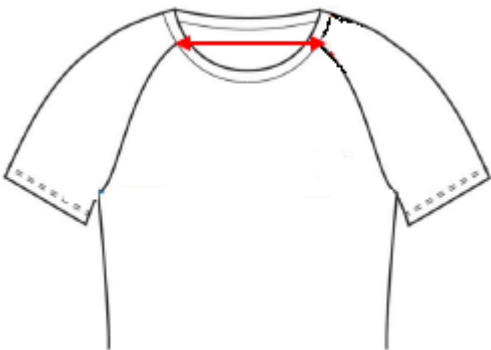
Measuring guidelines – Tops

 <p>A line drawing of a t-shirt from the front. A red double-headed arrow is positioned across the top of the neck opening, indicating the measurement from the left seam to the right seam. Dashed blue lines extend vertically from the ends of the arrow to the neck seam.</p>	<p>Neck Width – seam to seam</p>
 <p>A line drawing of a t-shirt from the front. A dashed blue horizontal line is drawn across the shoulders, labeled 'HPS' at the right end. A red arrow points vertically downwards from the center of this line to the center front neck seam.</p>	<p>Front neck drop – seam to seam</p>
 <p>A line drawing of a t-shirt from the back. A dashed blue horizontal line is drawn across the shoulders, labeled 'HPS' at the right end. A red arrow points vertically downwards from the center of this line to the center back neck seam.</p>	<p>Back neck drop – seam to seam</p>
<p>Taken from HPS shoulder line straight down to CB neck seam</p>	

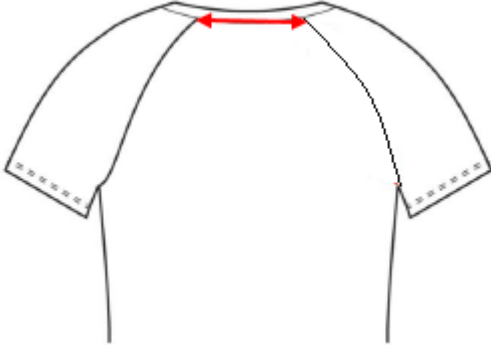
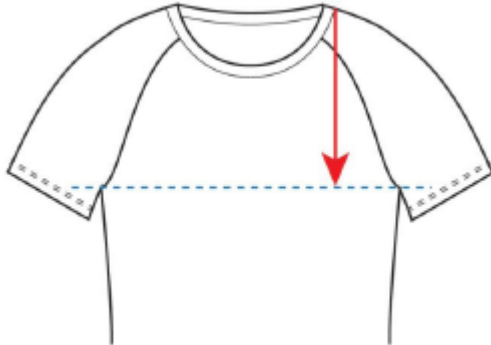

Measuring guidelines – Tops

	<p>Across front X" from HPS</p>
	<p>Across back X" from HPS</p>
	<p>Across shoulder seam/edge to seam/edge</p>
	<p>Taken on back of garment</p> <p>Tank: from edge to edge Set-in Sleeve: from seam to seam</p>


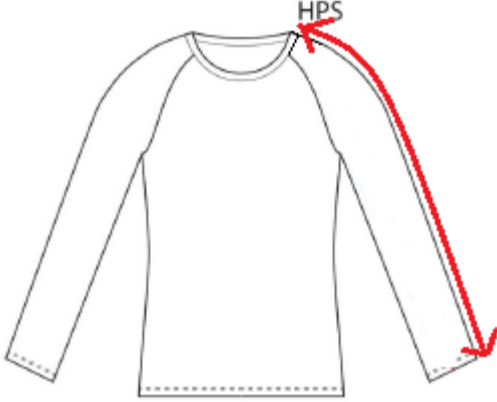

Measuring guidelines – Tops

	<p>Armhole circumference - contoured</p> <p>Taken along entire armhole join seam/edge</p> <p>Tank: Along edge Set-in Sleeve – along seam</p>
	<p>Armhole drop</p> <p>Taken vertically from HPS to line connecting bottom armhole</p> <p>For tank: from edge to edge For Set-in sleeve: from seam to seam</p>
	<p>Across front at raglan seam - neck</p> <p>Taken from top of raglan seam to raglan seam</p>


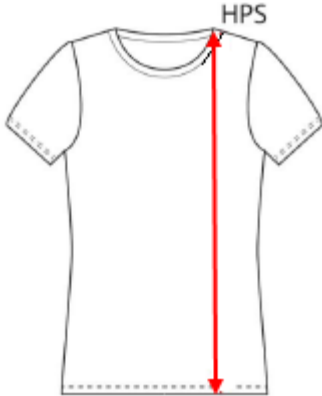
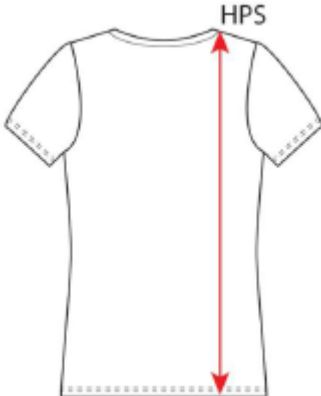
Measuring guidelines – Tops

	<p>Across back at raglan seam - neck</p>
	<p>Taken from top of raglan seam to raglan seam</p>
	<p>Armhole drop – raglan style</p> <p>Taken vertically from HPS seam to line connecting bottom armhole</p> <p>For binding – Taken from HPS edge</p>
	<p>Sleeve length – shoulder seam to sleeve opening</p>
	<p>Taken from shoulder seam to sleeve opening edge</p>

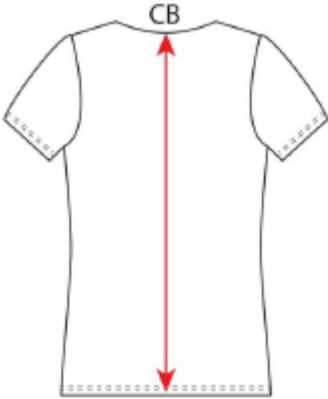
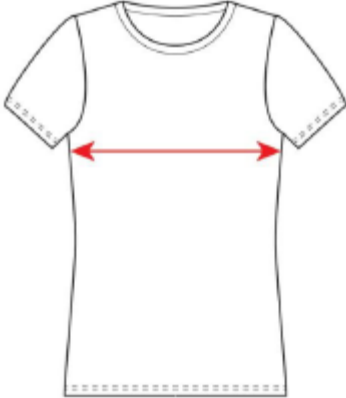
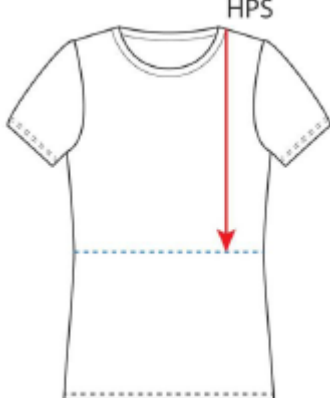
Measuring guidelines – Tops

	<p>Sleeve length from CB neck – 3 points</p>
	<p>Taken from CBN to shoulder join seam to sleeve opening edge</p> <p>Sleeve length from HPS</p> <p>Taken from HPS seam following curve of the sleeve to sleeve opening edge</p> <p>For Binding – Taken from HPS edge</p>
	<p>Armgirth circumference</p> <p>Taken 1" Below armhole</p>

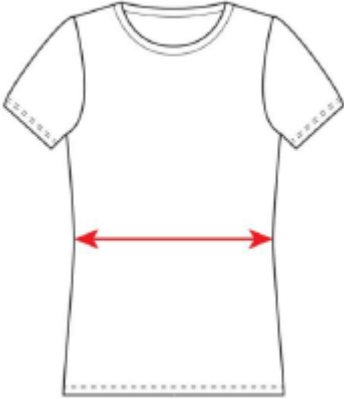

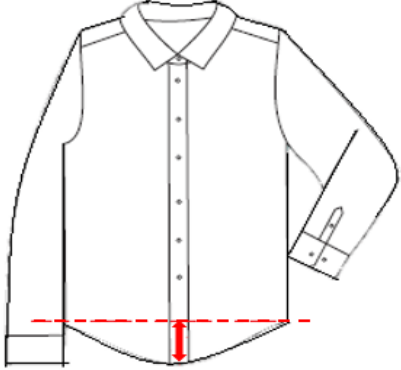
Measuring guidelines – Tops

	Sleeve opening circumference
	Taken along sleeve opening edge
	Front body length from HPS
	Taken from HPS seam to lowest edge at bottom opening For binding: HPS edge For set in: HPS seam
	Back Body length from HPS
	Taken from HPS seam to lowest edge at bottom opening For binding: HPS edge For set in: HPS seam

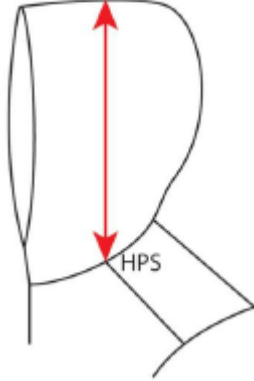
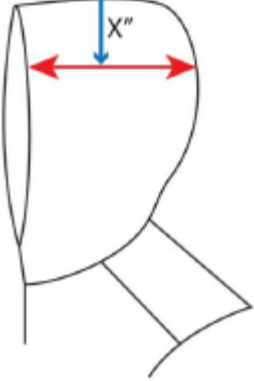
Measuring guidelines – Tops

	<p>Back length from CB top edge</p> <p>Taken from edge/seam to lowest edge at bottom opening</p> <p>For binding: HPS edge For set in: HPS seam</p>
	<p>Chest circumference 1" below armhole</p> <p>Taken 1" below armhole straight across</p>
	<p>Waist placement from HPS</p> <p>Taken from HPS seam/edge to waist placement</p> <p>For binding: HPS edge For set in: HPS seam</p>

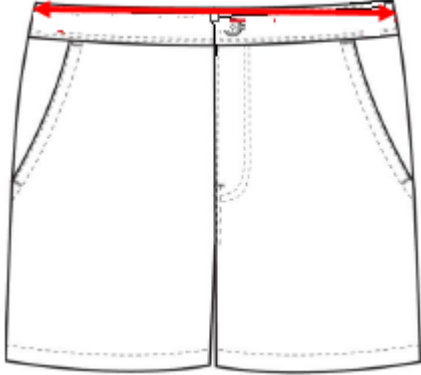


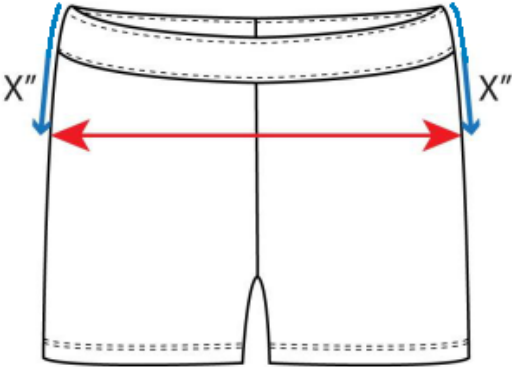
Measuring guidelines – Tops

	<p>Waist circumference</p>
	<p>Taken at waist placement edge to edge</p>
	<p>Sweep circumference – straight across</p>
	<p>Taken along bottom opening straight edge to edge</p>
	<p>Shirt Tail Length</p>
	<p>Taken vertically from the centre of the connecting line across the bottom side seam to the edge</p>

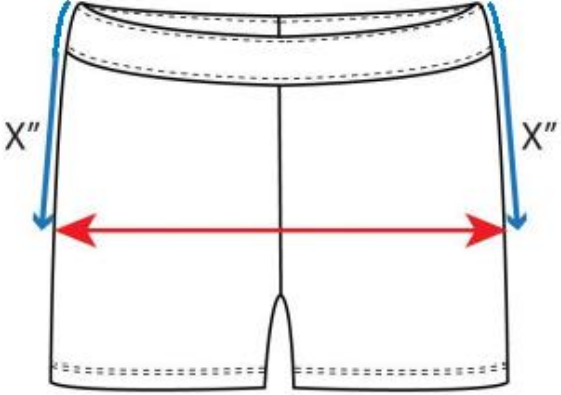
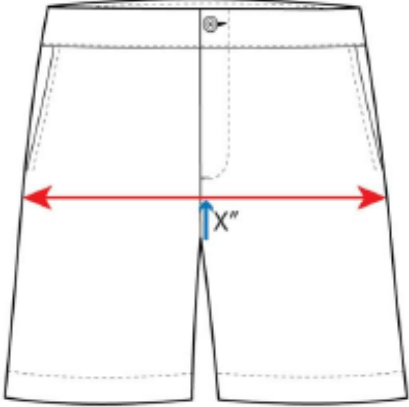
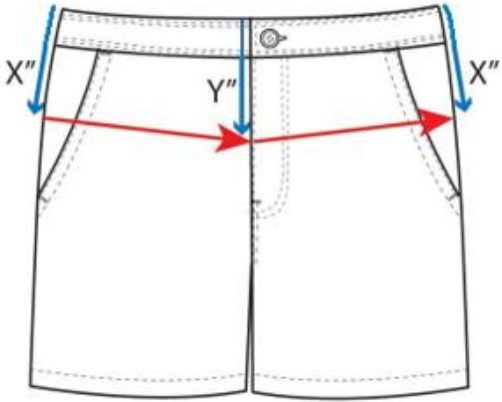
Measuring guidelines – Tops

 <p>A line drawing of a hood with a neck join seam. A red double-headed vertical arrow indicates the measurement from the neck join seam, labeled 'HPS', to the top edge of the hood.</p>	<p>Hood height from HPS to top</p>
	<p>Taken from neck join seam at HPS to top of hood</p>
 <p>A line drawing of a hood with a neck join seam. A blue double-headed vertical arrow labeled 'X"' indicates the distance down from the top edge of the hood to a horizontal red double-headed arrow that measures the width of the hood at that level.</p>	<p>Hood width X" down from top of hood</p>
	<p>Taken from opening edge of hood to fold at center back of the hood</p>

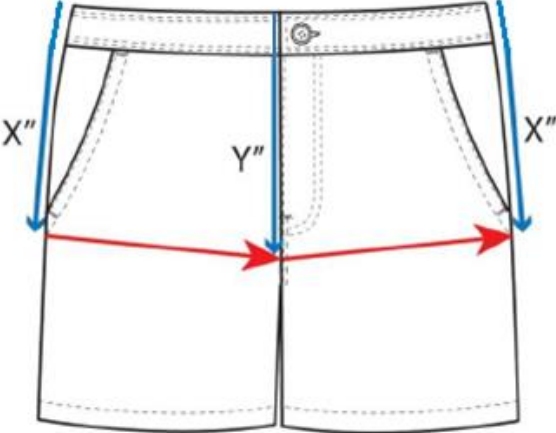
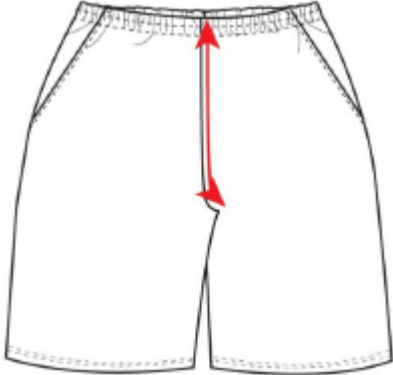
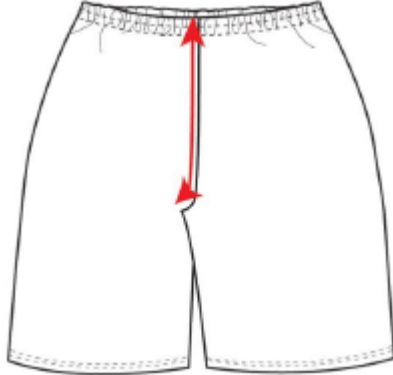
Measuring guidelines – Bottoms

	<p>Waist circumference – elastic or rigid</p> <p>Taken across top edge of waist with front and back edges together (Any openings at waist must be fastened and locked into correct position)</p>  <p>Waist Circumference.mp4</p>
	<p>Waist circumference - minimum stretch</p> <p>Taken along the top edge of the waist with front and back edges together and extend flat</p>
	<p>High hip circumference – X" below top of waistband - straight</p> <p>Taken X" down from top of waistband</p>

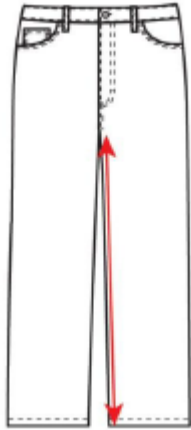
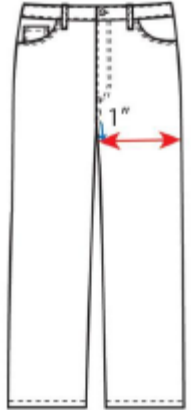

Measuring guidelines – Bottoms

	<p>Low hip circumference – X" below top of waistband - straight</p>
	<p>Seat circumference – X" up from crotch seam</p> <p>Measure X" up from crotch seam straight across</p>
	<p>High hip circumference below top of waist-band X' side seam Y" center front</p> <p>Taken X" below top of WB at center front and side seams</p>

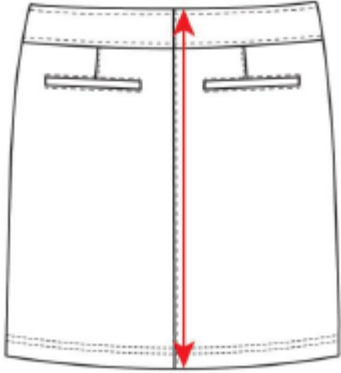
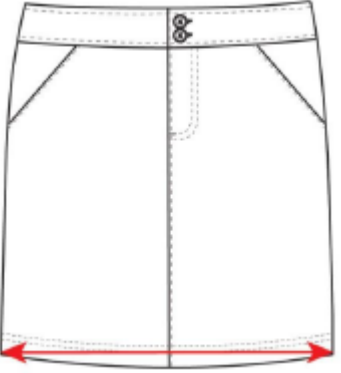
Measuring guidelines – Bottoms

	<p>Low hip circumference below top of waistband X" side seam Y" center front</p>
	<p>Taken X" below top of WB at center front and side seams</p>
	<p>Front rise – from crotch to top waistband/top edge</p>
	<p>Back rise – from crotch to top waistband/top edge</p>

Measuring guidelines – Bottoms

	<p>Inseam</p> <p>Taken from crotch join seam to bottom opening</p>
	<p>Thigh circumference</p> <p>Taken 1" below crotch seam parallel to leg opening</p>
	<p>Leg opening circumference</p> <p>Taken along leg opening seam/edge</p>

Measuring guidelines – Bottoms

	<p>CB skirt length</p> <p>Taken from top of waistband to bottom opening on back</p>
	<p>Sweep circumference – straight across</p> <p>Taken along bottom opening edge to edge-straight</p>